



RAPTOR NEWS

Visit our school website at tvk8.svvsd.org

Dates for next week:

- Mon 3/2 – 6th grade Wrestling Tournament @ FHS 4:00pm
Music Makers Practice 3:30-4:15pm
- Tues 3/3 – Wrestling Practice 3:30-5:30pm
Fit for Lit 3:20-4:45pm
Unsolved Science/Art Room 3:30-4:30pm
Middle School Band Concert 6:00pm
- Wed 3/4 – LATE START – school starts @ 10:50am (see below for Late Start activity)/NO PM Kinder-AM
Kinder will begin at 12:20pm
4th Grade Band Practice 3:30-4:30pm
Wrestling Match @ Sunset 3:30-5:30pm
Geography Club 3:30-4:30pm
Fit for Lit 3:20-4:45pm
School Assembly 2:10pm
2nd grade Music Program 6:00pm
- Thurs 3/5 – Wrestling Practice 3:30-5:30pm
Fit for Lit 3:20-4:45pm
Cooking Class (Art room) 3:30-4:30pm
- Fri 3/6 – 2nd Trimester Elementary Award Ceremony 1:45pm
Wrestling Practice 3:30-5:30pm

LATE START: *THERE WILL NOT BE A MOVIE**

Jump Bunch will be at Thunder Valley for Late Start Wednesday March 4th
Cost: \$8.00 MUST REGISTER BEFORE TUESDAY MARCH 3rd.

JumpBunch is a trusted leader in kids' fitness programming nationwide. We offer over 75 unique lesson plans to elementary aged children that feature hands-on, interactive learning experiences, taught by specially-trained coaches in a safe learning environment! Each lesson plan is carefully crafted to enhance critical skills including balance, coordination, fine and gross motor, self-confidence, teamwork and more. During the 2-hour class, your child will be introduced to 3-4 different sports! This class is maxed out at 20 children! Snack will be provided.

Student Council is collecting loose change for Raptors for Change. Please check your car, couch and anywhere else you can think of for change. We will be using the money collected to make improvements around the school and community. Change can be given to your child's teacher and we will be **collecting until March 13th**. Every penny makes a difference. Thank you from student council



MUSIC NEWS: Due to the weather, we had to cancel our Music Makers concert on Wednesday. I do plan to reschedule our concert, and the next available date is: Wednesday, March 11th. The concert will still start at 5:30.

As a result, we will have two additional rehearsals and a party at a later date.

The schedule will look like the following:

Monday, March 2nd: Rehearsal 3:20-4:15

Monday, March 9th: Rehearsal 3:20-4:15

Wednesday, March 11th: Concert 5:30 p.m.

Monday, March 16th: Party 3:20-4:15 p.m.

I will send home a paper copy next week. Thank you all for your patience and understanding with this cancellation. Have a good weekend!

Band – Visit website to get information <http://www.thundervalleybands.weebly.com/>

Elementary Music - See Mrs. Kirkwood's website for more information.

<https://sites.google.com/a/svvsd.org/mrs-kirkwood-s-music-room>

RUN CLUB: The Thunder Valley K-8 run club is starting back up again on March 16th. It is for students grades 4-8 that enjoy walking and running. We will meet Mondays and Thursdays for the next 8 weeks from 3:20-4:30. If your student would like to join the run club there will be an informational meeting for students at the end of day (3:00-3:20) on Wednesday March 4th for student who are interested. Permission slips must be filled out and returned to Mrs. Denny or Ms. Maronek to participate in the program. Students need to bring tennis shoes and work out clothes to change into after school on run club days.

Run club students and their families also have the opportunity to run the Bolder Boulder 10k on Memorial Day- May 25th. We will be following a 3 day a week running schedule to prepare us to run, walk or jog 6.2 miles. More information about cost and how to sign up for the race will be provided through Run Club. Please contact Mrs. Denny with questions denny_melissa@svvsd.org.

MIDDLE SCHOOL NEWS: We're doing a Energy Conservation competition called Renew our Schools. We're going against Mead High School, Longs Peak Middle School, Sunset Middle School, Erie High School and Trail Ridge Middle school. So basically what were doing is saving as much energy as we can in our school and at home, we will be sending out surveys that ask students to pledge to save energy at home. The winning school gets \$20,000 for energy conservation at our school!!!! Parents please help us by filling out a survey at <http://www.surveygizmo.com/s3/1886084/Home-Energy-Actions> The class with the most completed surveys will get a cookie party!! But first you must complete part 1 & 2 of the survey. Thank you for your help!

Ms. Friske's Energy Conservation Core Extension

IPAD TRAINING FOR PARENTS:

Learn more about the iPad s and other technology students are using. Here is the newly District released Family Technology Connection newsletter and blog for parental communications: <https://tech.svvsd.org/family/> .

Parents please **sign up for the newsletter** by clicking the "**Newsletter Signup**" at the top of the page for parents to receive tips, advice, and updates on a variety of topics including the [Learning Technology Plan](#).

We have four **Camp iPad for Parent** opportunities on two dates in two different locations (with addition opportunities coming in the future). Interested parents please log into the following <https://tech.svvsd.org/family/2015/01/27/camp-ipad-for-parents-register-today/> for more information and to register - but hurry, we expect the events to fill up quickly!

Washington DC 8th grade student:

- Final parent meeting for this years trip - Monday March 16th 5:30-7pm in my room.
- New parent meeting for NEXT years trip - Wednesday April 22nd 6-7pm my room.
- Walk-a-thon fundraiser for next years trip - Friday May 8th 3:30-5:30 on the track.

SPORTS NEWS:

-Wrestling Schedule:

Wed. Feb 25th @ Altona – 3:30pm

Mon. Mar 2nd 6th grade Tournament @ Frederick High School – 4:00pm

Mon. Mar 4th @ Sunset – 3:30pm

Sat. Mar 7th 7th&8th grade Tournament @ Mead High School - 8am

-Spring Soccer sign up by March 4th through the City of Longmont (flyer below)

Dear Parents:

This is a letter to remind parents that once school starts, so do lice start making their rounds in the heads of our students. Lice outbreaks are common among school children. Although an annoying problem, head lice should not trigger alarm. The American Academy of Pediatrics has stated that students with live lice should shampoo with a special lice shampoo as soon as possible, but not miss school.

Families are recommended to use tea tree oil shampoo and conditioner for a couple of weeks at a time through out the school year. This is not a guarantee that you will not get lice but has been known to be a deterrent. We also suggest using hair gel every day, this is also not a guarantee but a deterrent as well.

Head lice are small insects that live on the human scalp. They are tiny wingless insects about the size of sesame seed and are transmitted by direct contact, and do not fly or jump. Lice eggs, or nits, are gray, white specks which stick firmly to the hair shaft and cannot be easily removed. An infected person can pass head lice to others as long as the lice are alive. Lice do not survive more than two days away from a human host, but nits may survive longer. Nits that are farther than one inch from the scalp are likely not alive. Lice can cause itching, especially behind the ears and above the neck. Head lice are spread by direct contact or by contact with personal items (i.e. combs, brushes, hats, scarves, jackets, sweaters, sheets, pillows, blankets, bedding and furniture, etc.) Head lice do not discriminate. One can have good hygiene and still contract lice.

It is recommended that parents check their children's heads periodically throughout the school year for live lice and nits. If nits are noticed, but no live lice are seen, it is best to try to remove the nits. This is the parents' responsibility. Lice are a nuisance for sure, but should not keep children from school.

This is a trusted website for information about lice: <http://pediatrics.aappublications.org/content/126/2/392.full>

If you have any questions please contact your health clerk and she will contact the district nurse as needed.

Thank you,
Joni Creighton, RN
Creighton_johnita@svvsd.org,
303-702-7861

Tutor Doctor and The Carbon Valley Recreation Center are teaming up to offer Homework Help!!

Thursday afternoons from 4:30-7:30 Tutor Doctor will have a tutor (or tutors, depending on pre-registration information) to help students with their homework.

The opportunity is open to 1st-12th grade students from the Carbon Valley Area.

Each student must bring their own homework.

The cost is \$5.00 per student.

Students must be able to work independently and quietly while the tutor is helping other students.

Pre-registration is STRONGLY recommended to ensure that we have enough tutors AND so that we can meet each student's academic needs.

To register: Parents please contact the Rec Center at [303-833-3660](tel:303-833-3660) before 2:00pm on Thursday to register your students.

Ages: 1st-12th grades

Day of the Week: Thursday

Time: 4:30-7:30pm

Location: Carbon Valley Recreation Center Multipurpose Room

Instructor: Tutor Doctor Staff

Fee: \$5.00



NOMINATE
an outstanding
TEACHER

to receive an
Encore Award

A nomination form is available at
www.efsvv.org & in your school's office.

NOMINATIONS DUE MARCH 15TH

Questions? Call 720-652-8208



Education Foundation
for the St. Vrain Valley



NOMINE
UN MAESTRO
EXCEPCIONAL
para recibir un
Premio Encore

El formulario de inscripción está disponible en www.efsvv.org y en cada oficina de la escuela.

**LAS NOMINACIONES SE ENTREGAN
EL 15 DE MARZO**

¿Preguntas? Llame 720-652-8208



Education Foundation
for the St. Vrain Valley



March-May
Enrichment
Classes

PAINTING

Our friends at Paint Dabble and sip are coming to Thunder Valley. Be creative and enjoy time with friends while an artist guides you through painting your own masterpiece.



WHO: Grades 3-5
WHERE: Mrs. Dreyer's Art Room
DATE: Monday March 23
TIME: 3:30-4:30
COST: \$15
NUMBER OF KIDS: Min 10/Max30
REGISTRATION DEADLINE: Thursday March 12th

Zumbatomics for Kids

Zumbatomics classes for kids are high energy fitness parties! Choreographs and games to the latest music. Classes help increase focus and self confidence.



WHO: K-8
WHERE: Small Gym
DATES: Wednesdays 3/11, 3/18, 3/25, 4/1
TIME: 3:25-4:25
COST: \$40 (total for all 5classes)
NUMBER OF KIDS: min/max 10/50
REGISTRATION DEADLINE: Monday March 2nd

Sticky Fingers Cooking

Let your child release their inner chef! Students will prepare and eat healthy global inspired recipes all while learning to cook in a fun, engaging and real world way! Our Chefs will reinforce kitchen skills associated with our weekly recipes and each area of cooking terminology, foods and fun nutrition facts (even a few jokes!). We will orally practice our numbers, measurements, cooking utensils, fresh ingredients while cooking and more!



WHO: K-8
WHERE: Mrs. Dreyer's Art Room
DATES: Thursdays 3/5, 3/12, 3/19, 3/26,
TIME: 3:30-4:30
COST: \$60
NUMBER OF KIDS: MIN 10/ MAX 14
REGISTRATION DEADLINE: Monday March 2nd

CHALLENGE ISLAND

You and your tribe mates will set up shelter in the micro world of Steve and the gang where you'll take on all kinds of mind crafty challenges - from creating fences to critter catchers to catapults. You'll even get to design your own wild mine train ride and take part in our exciting fishing rodeo challenge! Each challenge will involve lots of critical thinking, problem solving, science and teamwork.



WHO: K-6

WHERE: Mrs. Dryer's Art Room

DATES: Mondays 4/13, 4/20, 4/27, 5/4

TIME: 3:30-4:30

COST: \$50 (total for all 4 classes)

NUMBER OF KIDS: min. 10/ Max 20

REGISTRATION DEADLINE: Thursday April 2th



EXCITING! Crackpots is coming to Thunder Valley to make a Mother's Day Surprise. Kids will learn all about glass fusing while making a sun catcher for mom.



WHO: 4-8th

WHERE: Mrs. Dryer's Art Room

DATE: Wednesday April 29th

TIME: 3:30-4:30

COST: \$20

NUMBER OF KIDS: Min 10/ Max 20

REGISTRATION DEADLINE: Monday April 27th

Bricks 4 Kidz

Bricks for kids will be at Thunder Valley! We will be building "gadgets" such as a paper crinkle machine, spin art and an optical illusion all with Legos. This is a class where students build machines, buildings and more. Students will create a new project every week.



WHO: K-5

WHERE: Mrs. Dreyer's Art Room

DATES: Thursdays 4/2, 4/16, 4/23, 4/30

TIME: 3:30-4:30

COST: \$60.00

NUMBER OF KIDS: min 10/ max 24

REGISTRATION DEADLINE: Monday March 30th

Have you always wanted to learn how to make those paper Cranes or paper shapes? Well come join us for some Origami fun. You will be making several different Origami creations.



WHO: Grades 3-8
WHERE: Mrs. Dreyer's Art Room
DATE: Tuesday April 14th
TIME: 3:30-5:00
COST: \$20.00
NUMBER OF KIDS: min 8/ max 25
REGISTRATION DEADLINE: Friday April 10th

BINGO

Sharpen your math skills and enjoy candy. Every BINGO day will be a different theme. Bring your friends for a BINGO party. Prizes will include chocolate, candy hearts, marshmallow peeps and more.



WHO: All ages recommended
WHERE: Work Room A126
DATES: April 22
TIME: 3:30-4:30
COST: \$5
NUMBER OF KIDS: Min 10/ Max 25
REGISTRATION DEADLINE: Friday April 16th



Register Online at:

<http://tvk8.svvsd.org>

Click on "Online Payments"

Click on "Program Registration"

Click on "CS Thunder Valley K8"

Register for the class of your choice

Middle School Intramural Soccer



The City of Longmont intramural soccer program is a great way to show your schools pride by playing the game you love! This is a co-ed league created for 6th-8th graders. By joining our league, you have a great opportunity to become more comfortable before moving on to the high school level. Practices start after school 3-4 times per week and last 1-1.5 hours.

One game per week is scheduled Mon-Thurs. Practice schedules are school specific and will be sent out to participants by the coaches before the season begins.

**no practices or games during spring break
(April 6-10)*

Season: Mar 9 – May 7

Fee: \$55 / Free Reduced Lunch: \$45

2015 Partial Scholarships Available
call: 303-651-8406 for more information

Registration

(NOTE: Registration Ends March 4th @ 5:00PM)

There are multiple ways you can register for the Middle School Intramural Soccer Program. If you have any questions with any or the following options please call Centennial Pool at 303-651-8406.

1. Online- Go to www.longmontcolorado.gov/rec and search soccer. Scroll down until you see Middle School Soccer and find your school which should match up with the registration code below.
2. Go to any city rec facility: Centennial Pool 1201 Alpine St., Longmont Recreation Center 301 Quail Rd., or Memorial Building 700 Longs Peak Ave. and register in person. For quick registration find your schools registration code below and have ready when registering on site for faster service.

School Registration Codes

Longs Peak- 226100.1

Sunset- 226100.2

Westview- 226100.3

Timberline- 226100.4

Twin Peaks Charter- 226100.5

Imagine- 226100.6

Thunder Valley- 226100.7

Coal Ridge- 226100.8

Erie- 226100.9

Trail Ridge – 226100.10



February 20, 2015

Public Health Notice

We are currently experiencing the most widespread outbreak of measles in the U.S. since it was eliminated in this country in 2000. More than 140 people have gotten the disease, and it has spread to 17 states. Because measles is widespread in many countries, it can cause new outbreaks in the U.S. at any time.

To keep your family safe from the disease, please:

1. Review your children's immunization records with your health care provider to make sure your children are up-to-date with all recommended vaccinations, including two doses of the measles, mumps, and rubella (MMR) vaccine. If your child receives any vaccine, please share the documentation with your school health room.
2. Make sure all of the adults in your home are also up-to-date on their measles vaccination. People vaccinated before 1989 may need to get an additional vaccine. Please check with your health care provider.

By making sure that you and your family are fully vaccinated, you are helping to protect people who cannot get the vaccination, including children younger than one year of age and people with serious medical problems.

Spread of Measles

Measles spreads very easily when someone with the disease coughs or sneezes. The measles virus can stay contagious in the air or on surfaces for up to two hours. Individuals that have **not** received two doses of the MMR vaccine can become sick when they breathe in the virus and/or touch their eyes, nose, or mouth after touching an infected surface.

Measles symptoms generally begin with a high fever (usually 103°-105° F); runny nose; cough; and red, watery eyes (conjunctivitis). Later, a blotchy rash will appear, starting at the hairline and spreading down the body. In serious cases, measles can cause pneumonia, brain damage, deafness, and even death.

Staying Out of School

Individuals who develop measles will be required to stay home for four days after the measles rash develops. Anyone who has been exposed to a person with measles who cannot prove they have been vaccinated for the MMR vaccine or have immunity from the disease will be required to stay at home and away from school for 21 days.

For more information about measles, visit www.cdc.gov/measles. For more information about where to get immunizations, visit www.BoulderCountyShots.org. For questions about this public health notice call Boulder County Public Health at 303.413.7500 or Weld County Public Health and Environment at 970.304.6420 ext. 2348.



20 de febrero de 2015

Aviso de Salud pública

Actualmente estamos enfrentando el brote de sarampión más grande en los EE.UU. desde que fue eliminado en este país en el año 2000. Más de 140 personas han contraído la enfermedad, y se ha propagado a 17 estados. Dado que el sarampión aun causa enfermedad en varios países, puede causar nuevos brotes en los EE.UU. en cualquier momento.

Para mantener a su familia libre de la enfermedad, por favor:

Revise el registro de vacunación de sus hijos con su proveedor de atención médica para asegurarse de que sus hijos estén al día con todas las vacunas recomendadas, incluyendo dos dosis de la vacuna contra el sarampión, las paperas y la rubeola (MMR). Si su hijo recibe alguna vacuna, por favor comparta la documentación con el aula de salud de su escuela.

Asegúrese de que todos los adultos en su hogar estén al día con la vacuna contra el sarampión. Es probable que las personas vacunadas antes de 1989 necesiten una vacuna adicional. Consulte con su proveedor de atención médica.

Al asegurarse de que usted y toda su familia estén todos vacunados, ayuda a proteger a las personas que no pueden acceder a la vacuna, incluyendo a niños menores de un año de edad y a personas con problemas médicos graves.

Propagación del sarampión

El sarampión se propaga muy fácilmente cuando una persona que padece de la enfermedad habla, tose o estornuda. El virus del sarampión puede seguir siendo contagioso en el aire o sobre las superficies hasta por dos horas. Las personas que no han recibido dos dosis de la vacuna MMR pueden enfermarse cuando inhalan el virus y/o se tocan sus ojos, nariz o boca después de tocar una superficie infectada.

Los síntomas del sarampión por lo general comienzan con fiebre alta (generalmente 103o-105o F); secreción nasal; tos; y ojos rojos y acuosos (conjuntivitis). Luego aparecerá un sarpullido comenzando en la frente que se propaga por todo el cuerpo. En los casos graves, el sarampión puede causar neumonía, daño cerebral, sordera e incluso la muerte.

No asistir a la escuela

Se requerirá que las personas que contraigan sarampión se queden en casa durante cuatro días después del desarrollo del sarpullido de sarampión. Se requerirá que todo aquel que haya estado expuesto a una persona con sarampión que no pueda demostrar que haya recibido la vacuna MMR o que no sea inmune a la enfermedad se quede en casa y fuera de la escuela durante 21 días.

Para obtener más información sobre dónde obtener las vacunas, visite www.BoulderCountyShots.org o llame al Departamento de Salud Pública del Condado de Boulder al 303.413.7500 o al Departamento de Salud Pública y Medio Ambiente del Condado de Weld al 970.304.6420 ext. 2348. Para obtener más información acerca del sarampión, visite www.cdc.gov/spanish/especialescdc/sarampion.



ATTENTION ALL KIDS AGES 8-13!!!

Please Join the Fort Lupton Optimist Club for our

2015 Tri-Star Basketball Competition

When: Sunday, March 8th

Registration Begins at 12:30pm

Competition Begins at 1:00pm

Where: Fort Lupton High School

530 Reynolds Street

Fort Lupton, CO 80621

Details:

★ **Contestants will compete against others in their own age and gender group**

★ **The competition is FREE!!!**

★ **Wear athletic clothes**

★ **There are three skills that will be scored (dribbling, shooting, and passing)**

★ **1st, 2nd, and 3rd place winners are invited to their Regional Tournament at Union Colony Prep School on Saturday, March 14th (registration begins at 8:45am)**

★ **1st, 2nd, and 3rd place winners of the Regional Competition are invited to the District Competition at Metro State University on Saturday, April 4th (registration begins at 12:30pm) and receive a free ticket to the Denver Nuggets game that evening at 7:00pm**

★ **1st, 2nd, and 3rd place winners of the District Competition will be involved in the Nuggets Pre-Game Ceremony and 1st place winner will be announced**

If you have questions, contact Kayla Myers at (970) 833-0048

March 2015 - Elementary Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

BREAKFAST

Daily Breakfast Menu Includes:
(Served in Select Schools Only)

Cereal ★ Fruit ★ Oatmeal ★ Yogurt ★ Fruit Juice ★ Milk

Cinnamon Tastry

French Toast / Sausage
























































































Breakfast Pizza

Breakfast on a Stick

Breakfast Sandwich

LUNCH

Daily Lunch Menu Includes:
Fresh Veggie Bar ★ Milk

<p>2</p>  Pasta with Marinara  Cheesy Bread Stick  PBJ Sandwich  Blueberries in a Cloud / Juice	<p>3</p>  Hot Dog / Chili / Cheese  Baked Beans  Fruit & Cheese Plate  Orange / Juice	<p>4 Late Start Day</p>  French Toast / Sausage  Yogurt Basket  Apple Wedges / Juice	<p>5</p>  Cheesy Lasagna  PBJ Sandwich  Green Beans  Fresh Grapes / Juice	<p>6</p>  Popcorn Chicken  Macaroni and Cheese  Cheese Tortilla Roll-Up  Kiwi / Juice
<p>9</p>  Mini Italian Ravioli  Whole Wheat Roll  PBJ Sandwich  Tropical Fruit / Juice	<p>10</p>  Chicken Teriyaki, Rice, Egg Roll, Fortune Cookie  Broccoli Trees  Fruit & Cheese Plate  Orange / Juice	<p>11</p>  American Deli Sandwich  Fresh Carrots  Yogurt Basket  Apple Wedges / Juice	<p>12</p>  Crispito / Green Chili  Refried Beans / Corn  PBJ Sandwich  Kiwi / Juice	<p>13</p>  St. Vrain Fresh Baked Pizza  Cheese Tortilla Roll-Up  Strawberry Cup / Juice
<p>16</p>  Cheesy Flatbread  Marinara  PBJ Sandwich  Orange / Juice	<p>17</p>  Chicken Tenders  Mashed Potatoes / Gravy  Fruit & Cheese Plate  Apple Wedges / Juice  Holiday Cookie	<p>18</p>  Cheeseburger  Baked Beans  Yogurt Basket  Fresh Grapes / Juice	<p>19</p>  Chili Cheese Nachos  Salsa  PBJ Sandwich  Kiwi / Juice	<p>20</p>  Popcorn Chicken  Macaroni and Cheese  Cheese Tortilla Roll-Up  Pears / Juice
<p>23</p>  Italian Shells  Whole Wheat Roll  PBJ Sandwich  Apple Wedges / Juice	<p>24</p>  Roasted Chicken  Whole Wheat Roll  Scalloped Potatoes  Fruit & Cheese Plate  Orange / Juice	<p>25</p>  Soft Taco  Refried Beans  Yogurt Basket  Kiwi / Juice	<p>26</p>  Italian Deli Sandwich  PBJ Sandwich  Fresh Grapes / Juice	<p>27</p>  St. Vrain Fresh Baked Pizza  Cheese Tortilla Roll-Up  Strawberry Cup / Juice
<p>30</p>  Macaroni and Cheese  Whole Wheat Roll  PBJ Sandwich  Peaches / Juice	<p>31</p>  Bean and Cheese Burrito  Fruit & Cheese Plate  Apple Wedges / Juice		<p> - Vegetarian Option, or can be made vegetarian.  - Scratch-made in our kitchens.</p> <p>All meals served with 1% white or fat free chocolate milk.</p>	<p>All menus subject to change.</p>

"Providing Fuel For Student Achievement"