



Visit our school website at tvk8.svvsd.org

Dates for next week:

Mon 1/19 – NO SCHOOL - Martin Luther King Day

Tues 1/20 – Traveling Squad Girls' Basketball Practice 3:30-6:00pm

Wed 1/21 – ~~4th Grade Band Practice 3:30-4:30pm~~ CANCELLED
Girls' Basketball Game @ Timberline (Traveling Squad ONLY) 3:30-5:30pm

Thurs 1/22 – Intramural Girl's Basketball Game @ Thunder Valley 3:30-6:00pm
Wrestling Parent Meeting 3:30-4:00pm-Mr. Vaughan's classroom

Fri 1/23 – Traveling Squad Girls' Basketball Practice 3:30-5:30pm

MUSIC: Our 4th-8th grade Music Department is having a fundraiser to raise funds for Uniforms, Music Supplies and Instruments. Just a reminder that the Music Department's Fundraiser will end on Thursday, January 22nd. All orders and money will need to be turned in by this date. Delivery of ordered items will be on Wednesday, February 18th. Thank you for your support!

Band – Visit website to get information <http://www.thundervalleybands.weebly.com/>

Elementary Music - See Mrs. Kirkwood's website for more information.
<https://sites.google.com/a/svvsd.org/mrs-kirkwood-s-music-room>

Community Schools (After School Clubs/Registration and Payment Required) –

Community School offerings:

- * Make a pet- Wednesday January 21st from 3:30-4:30
- *January Make at Spark- Friday January 30th 4-6:00
- *Unsolved Science- Tuesday January 10-17-24 and March 3 3:30-4:30
- * Lava Cake cooking class- Thursday February 12 3:30-4:30

Still Time to Register

Thunder Valley Community Schools is encouraging on-line registration and payment. Visit our school website tvk8.svvsd.org and follow the few steps below:

Click on "Online Payments"

Click on "CS Thunder Valley"

Click On the Class or classes you want

Register with parent and students name

Please review the following Notices and Flyers for your information. Thank you.



Help Your Child Succeed in School: Build the Habit of Good Attendance Early

School success goes hand in hand with good attendance!

DID YOU KNOW?

- Starting in kindergarten, too many absences can cause children to fall behind in school.
- Missing 10 percent (or about 18 days) can make it harder to learn to read.
- Students can still fall behind if they miss just a day or two days every few weeks.
- Being late to school may lead to poor attendance.
- Absences can affect the whole classroom if the teacher has to slow down learning to help children catch up.

Attending school regularly helps children feel better about school—and themselves. Start building this habit in preschool so they learn right away that going to school on time, every day is important. Good attendance will help children do well in high school, college, and at work.

WHAT YOU CAN DO

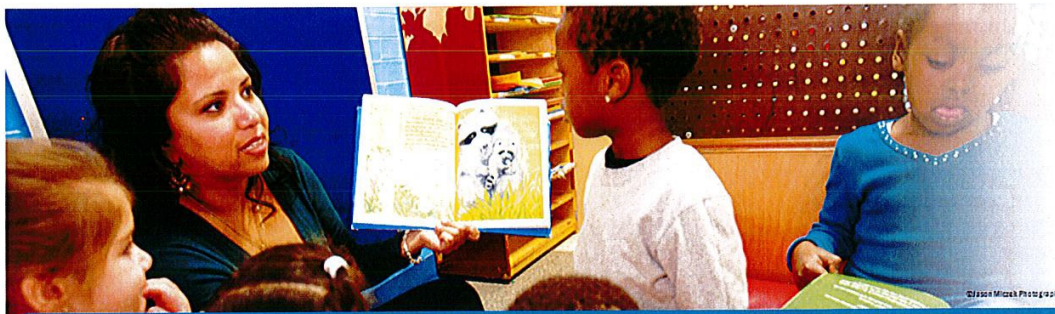
- Set a regular bed time and morning routine.
- Lay out clothes and pack backpacks the night before.
- Find out what day school starts and make sure your child has the required shots.
- Introduce your child to her teachers and classmates before school starts to help her transition.
- Don't let your child stay home unless she is truly sick. Keep in mind complaints of a stomach ache or headache can be a sign of anxiety and not a reason to stay home.
- If your child seems anxious about going to school, talk to teachers, school counselors, or other parents for advice on how to make her feel comfortable and excited about learning.
- Develop back-up plans for getting to school if something comes up. Call on a family member, a neighbor, or another parent.
- Avoid medical appointments and extended trips when school is in session.

When Do Absences Become a Problem?



Note: These numbers assume a 180-day school year.

For more on school readiness, visit attendanceworks.org and reachoutandread.org



Ayude a su hijo a tener éxito en la escuela: Creando el hábito de buena asistencia a temprana edad ¡El éxito escolar va de mano a mano con una buena asistencia escolar!

¿SABÍA QUE...?

- Empezando en el kínder, muchas ausencias pueden causar que los niños se atrasen en la escuela.
- Faltar el 10% (más o menos faltar 18 días en el kínder) puede bajar el rendimiento en el primer grado y hacer que cueste más aprender a leer.
- Los estudiantes se pueden seguir atrasando aunque sólo falten uno o dos días durante varias semanas.
- Las llegadas tarde en los primeros grados pueden predecir que el estudiante tendrá mala asistencia en los años siguientes.
- La falta de asistencia a la escuela puede afectar a todos en la clase, ya que el maestro tiene que disminuir el aprendizaje para ayudar a los niños a ponerse al día.
- Las escuelas pueden perder dinero para programas educacionales porque frecuentemente la asistencia es la base para la asignación de los fondos.

Asistir regularmente a la escuela, ayuda a los niños a sentirse mejor en la escuela—y consigo mismos. Empezar a crear este hábito en la edad preescolar, los hará aprender rápidamente la importancia de ir a la escuela a la hora indicada y todos los días. La buena asistencia ayudará a los niños a tener éxito en la preparatoria, la universidad y en el trabajo.

COMO AYUDAR A SU HIJO

- Establezca una hora consistente para acostarse y la rutina de cada mañana.
- Prepare la ropa y las mochilas la noche anterior.
- Averigüe el día en que empieza la escuela y asegúrese que su hijo tenga las vacunas requeridas.
- Presente a su hijo a sus maestros y compañeros de clase antes que la escuela empiece, para ayudarlo con la transición a la escuela.
- Sólo deje que su niño se quede en casa si está realmente enfermo. Tenga en mente que las quejas de un dolor de estómago o de cabeza pueden ser seña de ansiedad y no una razón para quedarse en casa.
- Si su hijo parece ansioso por ir a la escuela, hable con los maestros, consejeros u otros padres para que le aconsejen sobre cómo hacerlo sentir cómodo y motivado a asistir a la escuela.
- Prepare opciones para llegar a la escuela si algo inesperado sucede. Contacte con anterioridad un familiar, un vecino u otro padre para que le ayude en esos días.
- Evite citas médicas y viajes prolongados durante el tiempo de escuela.
- Contacte al personal de la escuela u oficiales de la comunidad para encontrar ayuda sobre transportación, vivienda, empleo o problemas de salud.

¿Cuándo las ausencias se vuelven en problema?

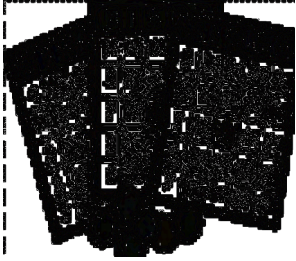
	AUSENCIA CRÓNICA 18 días o más
	SIGNOS DE AVISO 10 a 17 días
	SATISFACTORIO 9 ó menos ausencias

Nota: Números asumen un año escolar de 180 días

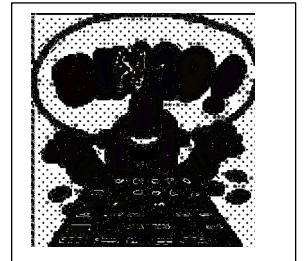
Para más información sobre cómo preparar a su hijo para la escuela, visite attendanceworks.org y reachoutandread.org/esp

BINGO

Sharpen your math skills and enjoy candy. Bring your friends for a BINGO party! Prizes will include chocolate, candy hearts, marshmallow peeps and more.



WHO: All ages recommended
WHERE: Work Room A126
DATES: February 18th
TIME: 3:30-4:30
COST: \$5
NUMBER OF KIDS: Min 10/ Max 25
REGISTRATION DEADLINE: Friday February 12th



Register online at:
<http://tvk8.svvsd.org>

Please complete a registration form for each child that will attend
Attach payment (payable to Thunder Valley Schools) and return to school

Name: _____ Grade: _____ Teacher: _____
Parent/Guardian: _____ Address: _____
Phone: Home _____ Work _____ Cell _____
My child's regular transportation home is Bus# _____ Walk _____ Pick Up _____

I give my permission for _____ to participate in this activity. I acknowledge that the Participant is physically capable of performing this activity. I release and hold harmless St. Vrain Valley School District and its personnel from any liability injury or death from participation in this activity.

I understand that pictures/videos may be taken during this activity; I give permission for my child's image to be used in websites, Facebook, school bulletin boards etc. to help promote Community School Enrichment Classes. Yes _____ No _____

Signature of Parent/Guardian: _____ Date: _____

LATE START MOVIE

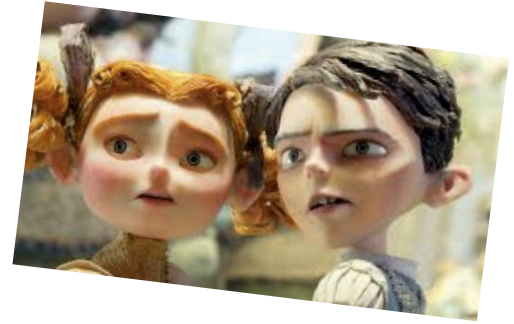


Box Trolls

Rated G

Wednesday

February 4



Eggs (Isaac Hempstead-Wright), an orphan, lives with the Boxtrolls -- a community of quirky, mischievous creatures who inhabit a cavern beneath the city of Cheesebridge. When villainous Archibald Snatcher (Ben Kingsley) hatches a plan to get rid of the pretty harmless beings, Eggs decides to go above ground, where he meets and befriends feisty Winnifred (Elle Fanning). Together, Eggs and Winnifred devise a daring plan to save the Boxtrolls from extermination

When: Wednesday February 4th

Time: 8:45-10:45

Where: Mr. Garcia's Band Room

Who: Grades K-5

Cost: \$4

Snacks can be purchased for .50-\$1.00

For further information or question please contact Crystal Kauder:
kauder_crystal@svvsd.org or 303-833-2456

REGISTER ONLINE NOW AT: <http://tvk8.svvsd.org>

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Signature of Parent/Guardian: _____ Date: _____



St. Vrain School District
**NOCHE DE LA COMUNIDAD
 CON LOS DENVER NUGGETS**

Patrocinado por la Education Foundation para el St. Vrain Valley



v.



Denver Nuggets v. Washington Wizards

**domingo, 25 de enero
 6:00pm en el Pepsi Center**

Noche Alternativa: Denver Nuggets v. Dallas Mavericks
 Miércoles, 14 de enero
 7:00pm en el Pepsi Center

BOLETOS

Upper Level: \$17 (regularmente \$30-40)
Lower/Club Level: \$39 (regularmente \$72-150)

Como un incentivo especial, una porción de cada boleto comprado beneficiará a St. Vrain School District.

Ordenar boletos en línea por el 19 de enero:

www.nuggetstix.com/stvrain2015
 Sigue el enlace y selecciona su escuela.

Programa de Recaudación de Fondos

Venda boletos a sus amigos, familiares, vecinos, compañeros de trabajo o de boletos como un regalo para estos días festivos y puede ganar premios! El número total de boletos vendidos para la Noche de la Comunidad y el juego alternativo cuenta para niveles de premios cuando los boletos comprados se realizan un seguimiento a su nombre. Los premios que implican experiencias en la cancha de baloncesto se producirán en la Noche de la Comunidad.

PREMIOS ESCOLARES

School Recognition

Ser reconocidos en frente de miles de aficionados

High-Five Fan Tunnel

Se le da un 'high five' a jugadores al entrar en la cancha para calentamientos

LOS PREMIOS COMPETITIVOS

20 boletos vendidos mínimos.

All-Star

(School top sellers)

Sostenga la bandera americana en la corte para el Himno Nacional

MVP

(District top sellers)

Ser reconocidos en frente de miles de aficionados

League Champion

(#1 district seller)

Gana una exclusiva experiencia VIP antes del partido

LOS PREMIOS INDIVIDUALES

Free Throw (1 boletos)

Entre a ganar una fiesta con SuperMascot Rocky

Layup (5 tickets)

Escoja de: Nuggets caja de lápices, carpeta o diadema

Jumpshot (15 boletos)

Escoja de: mochila de los Nuggets o Softee baloncesto

3 Pointer (25 boletos)

Escoja de: Asientos de courtside durante calentamiento o una foto en la pista central

4 Point Play (50 boletos)

De le un high five a los jugadores al entrar en el tribunal para calentamientos

Slam Dunk (75 boletos)

Recibir una camiseta de los Nuggets

Hall Of Fame (100 boletos)

Recibe un artículo autografiado de los Nuggets



Para obtener información adicional, póngase en contacto con Alexa Carpenter en el 303.405.1196 o ACarpenter@pepsicenter.com.



St. Vrain School District
 2014-15 **COMMUNITY NIGHT**
WITH THE DENVER NUGGETS

Sponsored by the Education Foundation for the St. Vrain Valley



VS.



Denver Nuggets vs. Washington Wizards

Sunday, January 25th
6:00pm at Pepsi Center

Alternate Night: Denver Nuggets vs Dallas Mavericks
 Wednesday, January 14th
 7:00pm at Pepsi Center

TICKETS

Upper Level: \$17 (regularly \$30-40)
Lower/Club Level: \$39 (regularly \$72-150)

As a special incentive, a portion of every ticket purchased will benefit the St. Vrain School District.

Order tickets online by **January 19th** at:

www.nuggetstix.com/stvrain2015
 Follow the link and select your school

FUNDRAISING PROGRAM

Sell tickets to your friends, family, neighbors, co-workers or give tickets as a holiday gift and you can win really cool prizes! The combined number of tickets sold for Community Night and alternate game count towards prize levels when tickets purchased are tracked to your name. Prizes involving game day experiences will occur on Community Night.

SCHOOL PRIZES

School Recognition

Be recognized in front of thousands of fans

High-Five Fan Tunnel

High-five players as they enter the court for warm-ups

COMPETITIVE PRIZES

Minimum 20 tickets sold.

All-Star

(School top sellers)

Participate in the Red, White & Blue Crew on the court

MVP

(District top sellers)

Be recognized in front of thousands of fans

League Champion
 (#1 district seller)

Win an exclusive VIP Experience before the game

INDIVIDUAL PRIZES

Free Throw (1 ticket)

Entered to win a party with SuperMascot Rocky

Layup (5 tickets)

Choice of: Nuggets pencil case, folder or headband

Jumpshot (15 tickets)

Choice of: Nuggets drawstring backpack or Softee basketball

3 Pointer (25 tickets)

Choice of: Sitting courtside for warm-ups or picture on center court

4 Point Play (50 tickets)

High-five players as they enter the court for warm-ups

Slam Dunk (75 tickets)

Receive a Nuggets jersey

Hall Of Fame (100 tickets)

Receive a Nuggets player autographed item



For additional information, contact Alexa Carpenter at 303.405.1196 or ACarpenter@pepsicenter.com.

Middle School Intramural Soccer



The City of Longmont intramural soccer program is a great way to show your schools pride by playing the game you love! This is a co-ed league created for 6th-8th graders. By joining our league, you have a great opportunity to become more comfortable before moving on to the high school level. Practices start after school 3-4 times per week and last 1-1.5 hours.

One game per week is scheduled Mon-Thurs. Practice schedules are school specific and will be sent out to participants by the coaches before the season begins.

**no practices or games during spring break (April 6-10)*

Season: Mar 9 – May 7

Fee: \$55 / Free Reduced Lunch: \$45

2015 Partial Scholarships Available
call: 303-651-8406 for more information

Registration

(NOTE: Registration Ends March 4th @ 5:00PM)

There are multiple ways you can register for the Middle School Intramural Soccer Program. If you have any questions with any or the following options please call Centennial Pool at 303-651-8406.

1. Online- Go to www.longmontcolorado.gov/rec and search soccer. Scroll down until you see Middle School Soccer and find your school which should match up with the registration code below.
2. Go to any city rec facility: Centennial Pool 1201 Alpine St., Longmont Recreation Center 301 Quail Rd., or Memorial Building 700 Longs Peak Ave. and register in person. For quick registration find your schools registration code below and have ready when registering on site for faster service.

School Registration Codes

Longs Peak- 226100.1

Sunset- 226100.2

Westview- 226100.3

Timberline- 226100.4

Twin Peaks Charter- 226100.5

Imagine- 226100.6

Thunder Valley- 226100.7

Coal Ridge- 226100.8

Erie- 226100.9

Trail Ridge – 226100.10



DEPARTMENT OF PUBLIC HEALTH AND ENVIRONMENT

1555 North 17th Avenue

www.weldhealth.org



Public Health
Prevent. Promote. Protect.

Health Administration

Public Health &

Environmental Health
Services

Communication,

Emergency Preparedness

Vital Records

Clinical Services



Education & Planning

& Response

Our vision: Together with the communities we serve, we are working to make Weld County the healthiest place to live, learn, work, and play.

December 16, 2014

Dear Parents:

This week there have been multiple cases of influenza (type A) reported to the school health clerk. Also over the past couple weeks they have seen an increase in children with norovirus-like illness (stomach flu). Schools should exclude children with fever, diarrhea, or vomiting from attending school. ***If your child becomes ill with a fever, vomiting or diarrhea while at school, a parent or guardian will need to pick the child up as soon as possible.***

The following guidance is being provided to help prevent the spread of these two illnesses:

Cold (rhinovirus or coronavirus)	Influenza (Flu)	Norovirus or "Stomach Flu"
No or low grade fever	Fever over 101°F (often 103°F)	No or low grade fever
Cough	Cough	Nausea or vomiting
Runny nose	Runny nose	Loss of appetite
Sore throat	Sore throat	Diarrhea
	Head ache	Intestinal cramping
	Body aches	Body aches
		Chills

For Influenza: Keep your child home until 24 hours after fever has resolved (without the use of fever-reducing medicines).

- **Cover your nose and mouth** with a tissue when you cough or sneeze. Throw the tissue away after use and **wash your hands**. If a tissue is not available, cover your mouth and nose with your sleeve, not your hand.
- **Wash your hands often with soap and water**, especially before eating and after you cough or sneeze. If soap and water are not available, use an alcohol-based hand rub.
- **Avoid touching your eyes, nose, or mouth**. Germs spread this way.
- **Clean and disinfect surfaces or objects**. Clean and disinfect frequently touched surfaces.
- **Get an influenza vaccination**.

For norovirus (stomach flu): Keep your child(ren) home from school or child care for at least 48 hours after vomiting and/or diarrhea symptoms have stopped.

- **Wash your hands and your child's hands** frequently, especially after using the bathroom or changing diapers, and before preparing or eating food or touching your mouth.
- **Do not share food or drinks** with other people while sick or if others have been sick.
- **Do not prepare food for others** if you have vomiting or diarrhea.
- **Immediately flush vomit or diarrhea**, or dispose of it in a trash can immediately if a vomiting/diarrhea accident occurs.
- Make sure the areas where someone vomits or has diarrhea are kept clean and **disinfected (a solution of one part bleach mixed with nine parts of water is effective against norovirus)**.
- Immediately remove and **wash (in hot water)** any clothing or linens soiled by vomit or diarrhea.

If you have any questions please contact Faton Emami R.N. BSN, Weld County Public Health, Communicable Disease Control and Prevention Program 970-304-6420, ext. 2311. Boulder County Public Health 303-413-7500.



DEPARTMENT OF PUBLIC HEALTH AND ENVIRONMENT
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Vital Records Clinical Services Services Education & Planning & Response

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16 de diciembre 2014.

Estimados padres de familia:

Esta semana se han reportado varios casos de influenza (tipo A) a las secretarías de salud de las escuelas. En las últimas dos semanas han aumentado casos con norovirus (infección estomacal) en los niños. Si los niños tiene fiebre, diarrea, o vomito no enviarlos a la escuela. **Si su niño llegara a enfermarse con fiebre, vómito, o diarrea mientras está en la escuela, el padre de familia o tutor tendría que recogerlo lo más pronto posible.**

La siguiente guía ha sido provista como medida de prevención ante la propagación de estas enfermedades:

Resfriado (rinovirus o coronavirus)	Influenza (gripe)	Norovirus o "infección estomacal"
Sin fiebre o fiebre leve	Fiebre de más de 101°F (103°F)	Sin fiebre o fiebre leve
Tos	Tos	Nausea o vómito
Goteo o escurrimiento nasal	Goteo o escurrimiento nasal	Pérdida de apetito
Dolor de garganta	Dolor de garganta	Diarrea
	Dolor de cabeza	Cólicos intestinales
	Dolores en el cuerpo	Dolores en el cuerpo
		Frío

Para la influenza: Mantenga a su niño en casa por 24 horas después que la fiebre haya cesado (sin uso de medicinas para la fiebre).

- **Cubra su nariz y boca** con un pañuelo cuando estornude y tosa. Arroje el pañuelo usado a la basura y **lave sus manos**. Si no tiene un pañuelo disponible cubra su boca y nariz con su manga superior o el codo, no con sus manos.
- **Lave sus manos frecuentemente con agua y jabón**, especialmente antes de comer y después de toser y estornudar. Si agua y jabón no están disponibles, utilice un desinfectante para manos.
- **Evite tocar sus ojos, nariz, o boca**. Los gérmenes se propagan de esta manera.
- **Limpie y desinfecte superficies u objetos**. Limpie y desinfecte áreas frecuentemente tocadas.
- **Vacúnese contra la influenza**.

Para el norovirus (infección estomacal): Mantenga a sus niños en casa, no los envíe a la escuela o guardería de niños por al menos 48 horas después que síntomas de vómito y/o diarrea hayan terminado.

- **Lave sus manos y las de su niño** frecuentemente, especialmente después de usar el baño o cambiar pañales, y antes de preparar o comer alimentos o tocar su boca.
- **No comparta su alimento o bebidas** con otras personas mientras está enfermo o si otros han estado enfermos.
- **No preparar alimentos para los demás** si tiene vómito o diarrea.
- **Deseche inmediatamente el vómito o diarrea**, o arrójelo a la basura inmediatamente si un accidente de vómito/diarrea ocurre.
- Asegúrese de que las áreas donde alguien vomitó o hubo algún contacto con diarrea, se mantengan limpias y **desinfectadas (una parte de cloro con nueve partes de agua es efectivo contra el norovirus)**.
- Remover inmediatamente cualquier ropa o sábanas manchadas por vómito o diarrea y **lavar (en agua caliente)**.

Si tiene alguna pregunta, por favor llame a Faton Emami R.N. BSN, *Weld County Public Health, Communicable Disease Control and Prevention Program*, al teléfono 970-304-6420, extensión 2311. Boulder County Public Health, 303-413-7500.